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| **6. FIRST AID MEASURES** |
| **OBJECTIVES:**To develop the basic theoretical concepts and the different protocols related tofirst aid, assimilating the importance of knowing them.Identify and apply first aid techniques depending on the accident according to established protocols, in a responsible and preventive way. |
| **RESOURCES:**Image of the fainting of Christian Eriksen in the European Championship occurred in the summer of 2021.Material to make the infographics**Kahoot 1**: [First Aid](https://create.kahoot.it/share/first-aid/e62b2989-4795-41b6-b4c1-1b18fac34c13) |
| **MAIN PART:**We show the image of Eriksen's fainting spell, we ask the students if they recognize it and ask them to tell what happened.(Christian Eriksen, a football player for the Denmark national team, fainted during the celebration of the football match. The quick intervention of his teammates and the medical services allowed him to survive).We link with the importance of knowing the different first aid techniques, which in an emergency can be of vital importance. Here are the different types of accidents:Cardiorespiratory arrest and its action protocol.Cardiopulmonary resuscitation and the Heimlich maneuver. Hemorrhages, bandages, burns and others, and its relationship with our school environment.We check what we have learned through the following [Kahoot 1](https://create.kahoot.it/share/first-aid/e62b2989-4795-41b6-b4c1-1b18fac34c13) |
| **BONUS ACTIVITY:**We made infographics with the accidents seen in the session. We describe the accident, how it occurs, the action protocol and the behaviors or actions to avoidunpack a real defibrillator, check the patches, their expiration date, and review the protocol of use. |